

October 2026		Breakfast & Lunch Menu								
1	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	1	FRIDAY	2
							Breakfast Chicken Patty w/Rice or Yogurt w/Granola Pineapple, Fresh Fruit ~~~~~ Chili w/Rice Chef Salad Baby Carrots, Coleslaw Straw-Apple Crunch, Poi Cornbread		Local Style Fried Rice or Cereal, Toast w/ Jelly Fresh Fruit, Strawberry Fruit Gel ~~~~~ Shoyu Chicken w/Rice Chinese Salad w/Chicken Edamame, Bok Choy Mandarin Oranges	
2	MONDAY	5	TUESDAY	6	WEDNESDAY	7	THURSDAY	8	FRIDAY	9
***			***		FALL BREAK		***		***	
3	MONDAY	12	TUESDAY	13	WEDNESDAY	14	THURSDAY	15	FRIDAY	16
Fiesta Empanada or Cereal, Toast w/ Jelly Pineapple, Fruit Punch Juice ~~~~~ Aina Pizza Veggie Crisp Taco w/ Rainbow Salad Baby Carrots, Cucumber Fresh Fruit			Turkey & Cheese Sandwich or Yogurt w/Granola Fresh Fruit x 2 ~~~~~ Chicken Papaya Soup w/Rice Tuna Tofu Salad Cucumber, Toss Greens Strawberries & Cream Ice Cake		Kalo Yogurt Bowl or Cereal, Toast w/ Jelly Pineapple, Straw-Apple Crunch ~~~~~ Honey Ginger Chicken w/Rice Protein Pack Edamame, Carrots Fresh Fruit		Uala Bread- Turkey Sausage Patty or Yogurt w/Granola Pineapple, Fresh Fruit ~~~~~ Loco Moco w/Ulu Gravy & Rice x 2 Crispy Protein Popper Caesar Salad Bok Choy, Cucumber Pickles Fresh Fruit		Breakfast Quesadilla or Cereal, Toast w/ Jelly Fresh Fruit, Apple Sauce ~~~~~ Kalua Pork & Cabbage w/ Rice x 2 Tofu Poke Bowl Lomi Tomato, Okinawan Sweet Potato, Pineapple, Poi	
4	MONDAY	19	TUESDAY	20	WEDNESDAY	21	THURSDAY	22	FRIDAY	23
Banana Pancake w/ Haupia Sauce or Cereal w/Toast & Jelly Mand Orange, Straw-Apple Crunch ~~~~~ Crispy Protein Popper w/Rice x 2 or Ramen Salad Stmd Broccoli, Baked Beans Straw & Cream Ice Cream Cake			Chicken & Waffles or Yogurt w/ Granola Fresh Fruit, Veggie Juice ~~~~~ Pasta Florentine (Chicken) Chicken Caesar Salad Toss Greens, Tomatoes Cucumbers, Fresh Fruit		Ulu Banana Brd Turkey Saus. Patty or Cereal w/Toast & Jelly Pineapple Chunks, Sour Raisins ~~~~~ Chili & Cheese Nachos Veggie Taco Salad Toss Greens, Salsa, Refried Beans Straw-Kiwi Juice		Cheese Breadsticks w/Marinara or Yogurt w/Granola Fresh Fruit x 2 ~~~~~ Hot Dog w/ Bun Chinese Salad w/ Chicken or Tofu Tater Tots, Butter Rstd Kabocha Cucumbers, Fresh Fruit		Cinnamon Roll w/Turkey Links or Cereal, Toast w/ Jelly Fresh Fruit x 2 ~~~~~ Kalua Pork Sandwich Pasta Salad Baby Carrots, Cucumbers, Swt Pot Mash Apple-Blueberry Crunch	
5	MONDAY	26	TUESDAY	27	WEDNESDAY	28	THURSDAY	29	FRIDAY	30
French Toast w/ Strawberry Compote or Cereal, Toast w/ Jelly Apple Sauce, Blueberry-Apple Crunch ~~~~~ Cheese Pizza Protein Pack Cucumber, Baby Carrots Fresh Fruit			Scrambled Eggs & Cheese w/Uala Local Salsa or Yogurt w/Granola Mandarin Orange, Fresh Fruit ~~~~~ Orange Chicken w/Rice x 2 Chinese Salad w/ Chicken Edamame, Bok Choy Pineapple Chunks, Fortune Cookie		Maple Pancake Sausage & Cheese or Cereal, Toast w/ Jelly Fresh Fruit x 2 ~~~~~ Paniola Pasta Caesar Salad-Chicken or Protein Popper Toss Greens, Baby Carrots, Cucumber Fresh Fruit		Pumpkin Bread, Scrambled Egg or Yogurt w/Granola Fresh Fruit, Strawberry Fruit Gel ~~~~~ Teri Burger Chef Salad Lett & Tom, Crinkle Fries, Baby Carrots Sour Trop Punch Raisin		Portuguese Sausage & Rice or Cereal, Toast w/ Jelly Fresh Fruit, Pineapple Chunks ~~~~~ Rst Turkey w/Gravy, WG Roll Bahn Mi Salad-Pork Meatballs or Poppers Mash Potato, Rstd Zucchini Fresh Fruit	

Please be aware that our products may contain or come into contact with common allergens such as milk, eggs, peanuts, tree nuts, soy, and wheat. This institution is an equal opportunity provider. Based on vendor availability, menus are subject to change without notice.