



Daily Wellness Check

WE NEED YOUR HELP!

HIDOE employees, contracted service providers, visitors and students must complete a wellness check each morning before going to school or work. Please report any illness or COVID-19 exposure to the school or supervisor.



CHECK FOR COVID-19-LIKE SYMPTOMS OF ILLNESS

If any symptoms of illness are present,
do not go to school or work.

- Fever (higher than 100°F or hot to the touch)
- Chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Anyone with COVID-19 symptoms, even mild symptoms, should stay home from school, work and other activities. Those with symptoms who have not been tested should be tested as soon as possible.

**HELP US TO KEEP OUR SCHOOLS
HEALTHY AND SAFE!**